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# Modelling a complex input process in a population pharmacokinetic analysis: example of mavoglurant oral absorption in healthy subjects

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#### Mavoglurant

- Mavoglurant (MVG) is a structurally novel antagonist at the metabotropic glutamate receptor 5, currently under clinical development at Novartis Pharma AG for the treatment of CNS diseases.
- An **oral immediate-release** (IR) **formulation** was initially used in the Phase I clinical studies:
  - Most of the adverse events (e.g. dizziness, fatigue, hallucination etc.) were related to peak plasma concentrations
- An oral modified-release (MR) formulation was developed in order to reduce peak concentrations without substantial change in the systemic exposure.
- The **pharmacokinetics** (PK) of the IR and MR formulations were compared in a cross-over study in healthy subjects (Study A2167, n=44).
- Since MVG is considered as a **BDDCS class II** compound, **food effect** was also investigated for the MR formulation.
- The PK of MVG following a brief **intravenous** (IV) **infusion** (10 min) was also evaluated in another study in healthy volunteers (Study A2121, n=120).

#### **Plasma concentration-time profiles**

Oral administration ; cross-over design



Complex and highly variable profiles

Food effect on the MR formulation's PK

#### Plasma concentration-time profiles IV administration



- Bi-exponential decrease
- > No sign of non-linearity with dose

#### Motivation for a population PK analysis

- Describe **MVG disposition** in the population and identify any contributing **demographic covariates**.
- Compare the **input characteristics** (rate and extent) of the IR and MR formulation.
- Quantify the **effect of a high fat meal** on the bioavailability and input rate of the MR formulation.
- Predict the impact of MVG release-rate and of food intake on the steady-state concentration range provided by a twice-daily repeated administration of the oral formulations.

#### Adequate input model !

#### Modelling complex extravascular PK profiles

**Conventional models** that assume a **first-order** or **zero-order input rate** for a fixed • period are inadequate to model complex concentration-time profiles:



- Development of a more mechanistic model (incorporating drug dissolution, ٠ absorption, gut-wall metabolism *etc.*) can be time consuming and is challenging when only little **drug-** and **formulation-specific prior information** is available.
- Alternatively, a **flexible empirical function** can be used to model the **rate of input** ٠ into the system:  $y_1(0) = 0$ 
  - Polynomial (Cutler, 1978)
  - Cubic spline (Fattinger and Verrota, 1995)
  - $\geq$ Gamma distribution (Weiss, 1983)
  - Weibull distribution (*Bresolle et al, 1994*)  $\geq$
  - $\geq$ Inverse Gaussian distribution (Weiss, 1996)



#### **Inverse Gaussian (IG) distribution**

Density function



> When CV tends to 0, the IG distribution becomes a Normal distribution (symmetrical)

More flexible than the log-normal distribution (Chhikara and Folks, 1977)

#### **IG distribution**

Mode



The mode is more informative: time at which the input rate reaches its maximum

- Convenient for initial parameter values
- Easier interpretation of results

#### How to capture multiple-peak profiles?



# A weighted sum of *n* IG functions as an input rate function

$$I(t) = \mathbf{F} \cdot dose \cdot \sum_{j=1}^{n} f_j \cdot IG_j(t) \qquad CV_j$$

- The **absolute bioavailability** *F* can be directly estimated if IV data are available.
- The parameters *f<sub>j</sub>* are the weights for the IG functions (fraction of bioavailabledose) such that:

$$\sum_{j=1}^{n} f_j = 1$$

- The number of structural parameters is *n* **x 3**:
  - F, f<sub>j</sub>, tmax<sub>j</sub>, CV<sub>j</sub> for j=1,..,n
  - >  $f_n$  is derived from the  $f_j$  (j=1,...,n-1) rather than estimated, to constrain the sum

# Stochastic model for a sum of IG functions as input function

$$I(t) = \mathbf{F} \cdot dose \cdot \sum_{j=1}^{n} f_j \cdot (\mathbf{I}G_j(t)) \stackrel{\text{timux}_j}{\frown} CV_j$$

- Using a sum of IG functions as an input function, one approach to build the statistical model is to assign a random-effect on each parameter of each IG function (*Csajka et al, 2005*), and assess the parameter estimates and precisions (deterministic identifiability).
- However, it is more "reasonable" to estimate the same variance for the randomeffects of the *n tmax*, as well as for those of the *n CV* (*e.g.* option "SAME" in NONMEM<sup>®</sup>)
  - > The number of parameters is reduced (more numerically stable)
  - The cost is a decrease in flexibility
- Bootstrapping can be applied to check that the estimated variance of a randomeffect is statistically significantly different from zero and has a reasonable precision.

#### **Constraining the subject-specific input parameters**

To ensure that the IG densities are naturally ordered (important for structural identifiability), the constraint *tmax*<sub>j,j</sub> ≥ *tmax*<sub>j-1,j</sub> was imposed as follows:

$$tmax_{j,i} = tmax_{j-1,i} + \theta_{tmax_j} \cdot e^{\eta_{tmax_{j,i}}}$$

, for the *i*<sup>th</sup> subject and for *j*=2,..,*n* 

- To be consistent with physiology, the constraint 0 ≤ F<sub>i</sub> ≤ 1 was imposed by defining F as logit-normally distributed within the population.
- Constraining the **joint distribution** of the  $f_i$  parameters such that:

$$\sum_{j=1}^{n} f_{j,i} = 1$$

while ensuring that  $0 \le f_{j,i} \le 1$  (for j=1,...,n), can be performed by use of a **multivariate logistic-normal distribution** (*Tsamandouras et al, 2014; in manuscript*).

# Impact of formulation and food intake on MVG input kinetics

- It was obvious from the raw data that MVG **input properties** depend on the **formulation** and **food conditions** at drug administration.
- Therefore, the input rate function was estimated specifically for each formulation-food condition rather than testing these factors as categorical covariates for the input parameters.
- Each subset of data was first analysed together with IV data to determine the optimal number of IG terms for each input function.
- Subsequently, all data were pooled and analysed using NONMEM<sup>®</sup>.
- The model was implemented as a system of two ODEs:

$$\frac{dA_{1}}{dt} = I_{formulation, food}(t) - A_{1} \cdot (k_{10} + k_{12}) + A_{2} \cdot k_{21}$$
$$\frac{dA_{2}}{dt} = A_{1} \cdot k_{12} - A_{2} \cdot k_{21}$$

#### Structure of MVG population PK model Oral route



> The volume terms are functions a of subject's bodyweight (BW):

$$V_{k,i} = \theta_{V_k} \left(\frac{BW_i}{BW_{med}}\right)^{\theta_{BW,V_k}} \cdot e^{\left(\eta_{V_{k,i}}\right)}$$

for *k=1,2* and the *i*<sup>th</sup> individual

#### **Goodness-of-fit**





Time (h)

#### Visual predictive check of the model



#### **Application of the input model**

Simulation of the time course of the input rate and F

- The derived input functions I<sub>formulation,food</sub>(t) can be used directly to simulate the time course of the input rate for each formulation-food condition.
- The time course of the bioavailability can be simulated using the following function :

$$F_A(t) = \mathbf{F} \cdot \sum_{j=1}^n \mathbf{f}_j \cdot IGcdf_j(t)$$

with 
$$F_{A,t\mapsto\infty}(t) = F$$

where  $IGcdf_i(t)$  is the  $j^{th}$  IG cumulative distribution function (cdf).

• The **IG cdf** can be called in the software R for instance (*pinvgauss*) but is parameterized in terms of  $\mu$  and  $\lambda$ :

$$\mu = \frac{tmax}{\left[\sqrt{1 + \frac{9}{4}CV^4} - \frac{3}{2}CV^2\right]}$$

and

$$\lambda = \frac{\mu}{CV^2}$$

#### Input rate / bioavailability versus time profiles

Standard individual in the population



#### Using an empirical input model for multiple doses

- To eliminate the assumption that a dose has been completely absorbed prior to the next dosing event, dose superimposition should be implemented when using the analytical solution of the input model for a repeated dose design.
- Using NONMEM<sup>®</sup>, dose superposition can be implemented in a user-defined FORTRAN subroutine.
- The method was adapted to the use of **a sum of IG functions** as input function.



# Does dose superimposition need to be implemented?



Time (h)

#### **Application of the PK model**

Simulation of the steady-state concentration range



- The MR formulation provides a slightly lower steady-state concentration range than the IR formulation, with lower peaks (possibly better drug tolerance).
- The steady-state exposure to MVG strongly depends on the food state at each administration of the MR formulation.

#### **Neglecting dose superimposition**

MR-fasted



The difference depends on the duration of the input process !

#### **Conclusions on MVG population PK model**



#### • Advantages:

- > Easy implementation and fast analysis runs
- Disposition model mechanistic enough to evaluate the impact of covariates (e.g. demographics)
- > Very flexible input model that can capture complex profiles with multiple peaks
- Although empirical, the derived input function helps to gain insight into the input process (e.g. comparison of the time course of bioavailability between formulations)

#### • Disadvantages :

- Can't extrapolate beyond the studied population and experimental conditions (e.g. other disease states or age/weight range) due to its descriptive/empirical nature
- Doesn't provide much information about the absorption process itself and the first-pass effect
- Predicting concentrations in clinically relevant tissues is not possible (*i.e.* target sites and tissues exposed to drug toxicity)
  23

#### Perspectives

- Develop a **physiologically-based PK model** for MVG in order to:
  - Gain insight into the underlying mechanisms of absorption, distribution and elimination
  - Predict concentrations in clinically relevant tissues (e.g. brain)
  - > Extrapolate outside the studied population such as in a paediatric population
- Reduce the model using **proper lumping** technics and keeping clinically relevant tissues in the model (*Dokoumetzidis and Aarons, 2009*).
- Optimise the model based on clinical data using a **Bayesian approach** (*Gueorguieva et al, 2006*)
  - Integrate the preclinical knowledge
  - Circumvent structural identifiability issues

# Acknowledgements



#### **Supervisors:**

Leon Aarons Kayode Ogungbenro

#### University of Manchester: Adam Darwich Andres Olivares-Morales Nikolaos Tsamandouras

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#### **Industrial supervisors:**

Dumitras Swati Etienne Pigeolet Ralph Wossner

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## Back up

#### Pharm Res DOI 10.1007/s11095-014-1574-1

**RESEARCH PAPER** 

#### Model-Based Evaluation of the Impact of Formulation and Food Intake on the Complex Oral Absorption of Mavoglurant in Healthy Subjects

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Received: 21 August 2014 / Accepted: 10 November 2014 © Springer Science+Business Media New York 2014

## Flexibility of the input model

9/1000 simulated profiles

